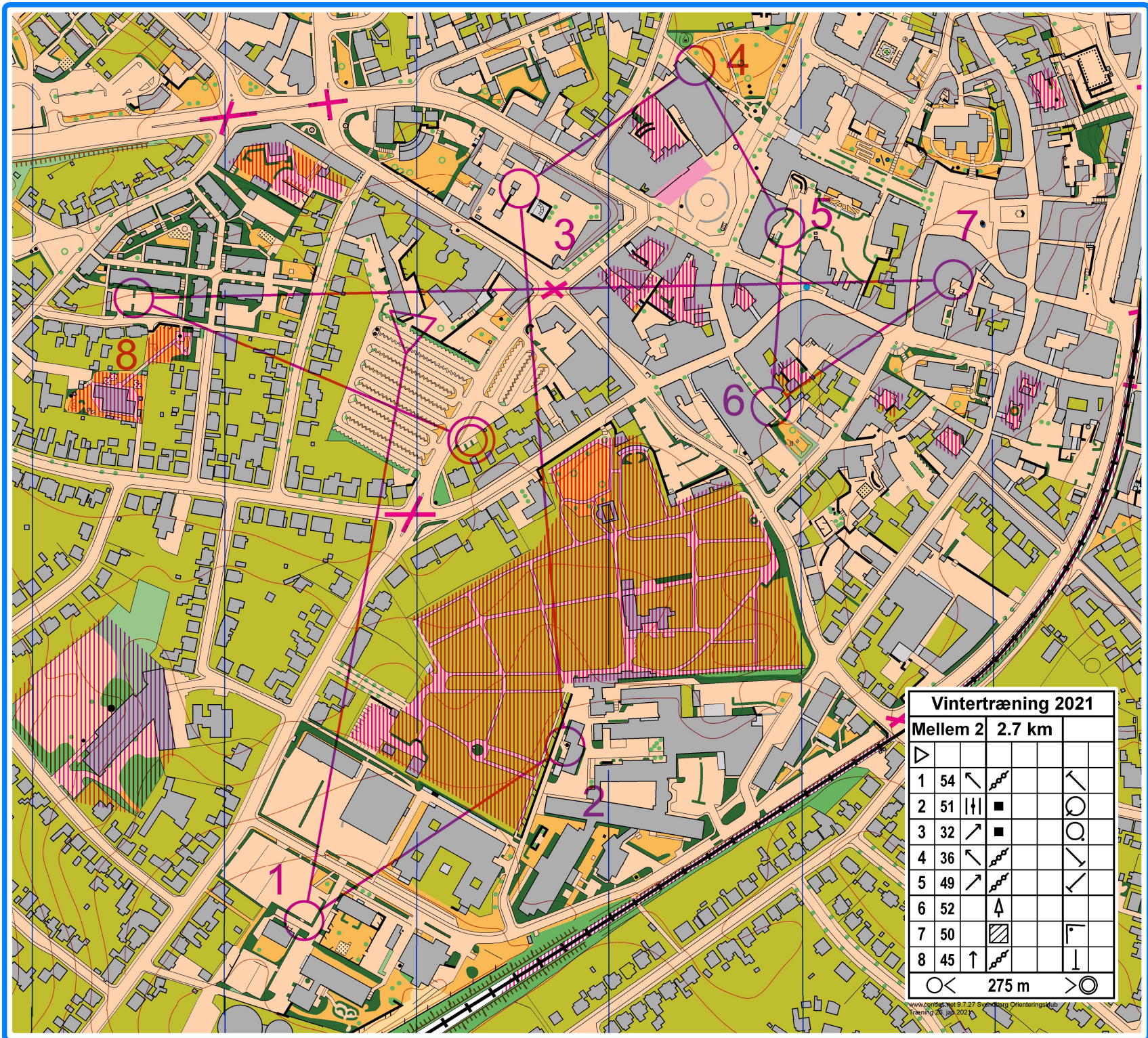




Vintertræning 2021									
Mellem 2		2.7 km							
▷									
1	54	↖	⚡					↗	
2	51		■					○	
3	32	↗	■					○	
4	36	↖	⚡					↗	
5	49	↗	⚡					↖	
6	52	↑	⚡						
7	50	↘	⚡					↖	
8	45	↑	⚡					↖	
○ <		275 m						> ○	